

# Annual Report

2022-23

*Empowering Lives, Advocating Rights*



**JanMitraNyas (JMN)**

**Special Consultative Status with ECOSOC of UN**

SA 4/2A, Daulatpur, Varanasi-221002 (Uttar Pradesh) India

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<https://jmntrust.blogspot.com/>

**Dear Supporters, Stakeholders, and Well-wishers,**

Warm greetings to each of you.

It is with immense pleasure and pride that I present the compelling narrative of JanMitra Nyas' annual report. This document encapsulates a year of unwavering dedication, transformative accomplishments, and an unyielding commitment to our mission. Our mission encompasses fostering comprehensive rehabilitation, promoting health and well-being, advocating for human rights, and addressing the challenges of double malnutrition and Non-Communicable Diseases (NCDs).



I extend heartfelt gratitude to all our donors whose steadfast support has been instrumental in propelling our mission forward and providing direct services to the most marginalized communities. Your commitment has made a significant impact, enabling us to reach and empower those who need it the most.

In the spirit of growth and progress, I am delighted to take this opportunity to introduce the new structure of our organization. This evolution reflects our dedication to adapting and enhancing our capabilities to better serve our mission. We believe that this new structure will further fortify our impact and effectiveness in the communities we serve.

The annual report, which follows, provides a comprehensive overview of our achievements, challenges, and the path ahead. It reflects the collective efforts of our team, the resilience of the communities we work with, and the invaluable support we receive from stakeholders like you.

As we delve into the report, I encourage you to take a moment to reflect on the positive change we have collectively brought about. Your involvement has played a pivotal role in making a difference in the lives of those facing adversity and injustice.

Once again, thank you for your unwavering support. Together, we will continue to strive for a more just, inclusive, and compassionate world.

**Warm regards,**

A handwritten signature in black ink, appearing to read 'Sant Vivek Das'.

**Sant Vivek Das**  
**Chairperson- JanMitra Nyas**

## **Note from the Executive Director: Forging a Future of Resilience and Empowerment**

As we gracefully conclude this annual report, a profound sense of accomplishment and gratitude envelops us, prompting introspection into the transformative journey of the past year. At the core of JanMitraNyas' mission lies an unwavering commitment to the comprehensive rehabilitation of torture survivors—a mission that has intricately shaped our strategies and initiatives across diverse domains.



In our unwavering pursuit of psycho-social rehabilitation, testimonial therapy has emerged as a foundational pillar, intricately addressing the nuanced needs of 124 survivors. The profound transformation achieved through the establishment of 34 folk schools and the orchestration of honor ceremonies is palpable in the social reintegration of 119 participants, fostering a profound sense of belonging and community among those who have endured profound suffering.

Our endeavors in legal advocacy and compensation, encompassing 278 meta-legal interventions across 171 cases, epitomize our steadfast dedication to upholding human rights. The substantial compensation disbursed in 19 torture cases, totaling over 72,52,000 INR (88,900 USD), stands as a tangible testament to our unwavering commitment to pursuing justice for survivors.

The pioneering livelihood integration project in Varanasi, Sonbhadra, and Badaun districts has sown the seeds of hope, yielding tangible results with the cultivation of over 36,536 kg of vegetables, fostering sustainability, and generating earnings. Additionally, our initiatives in health and well-being, media coverage, international recognition, and the adept handling of challenges have collectively fortified our resilience and determination.

The transformative odyssey in Front-of-Pack Labeling (FOPL) advocacy signifies a year of significant achievements. Engaging with elected representatives, collaborating with food industry associations, and nurturing civil society engagement have etched remarkable milestones in our advocacy journey. The recognition from the Food Safety and Standards Authority of

India (FSSAI) and the consequential impact on child rights underscore the profound influence of our initiatives.

Our cultural milestone, marked by the inauguration of the MirzaGhalib Global Center for Diversity and Pluralism, attests to our steadfast commitment to cultural enrichment and inclusivity. The scholarship initiatives, education programs, and health-focused efforts for adolescent girls, pregnant mothers, and young children exemplify our dedication to bridging educational gaps and fostering holistic well-being.

Despite the challenges faced, the kitchen gardening initiative has empowered families, providing fresh produce and additional income. The discernible impact on lactating women, pregnant women, and underweight children further underscores the targeted success of this initiative.

In conclusion, as we gaze into the future, our resolve to drive positive change remains unwavering. The challenges encountered only serve to fortify our determination, and the celebrated achievements stand as a testament to the collaborative effort of our team, donors, and well-wishers. We extend our deepest gratitude for your steadfast support and eagerly anticipate continuing this journey together, sculpting a future defined by resilience, empowerment, and positive transformation.



**Lenin Raghuvanshi**  
**Founder and CEO**

**Note:** Annual reports and annual financial audit reports are accessible online at the following link: <https://janmitranyas.in/report.html>"

## Background documents of JMN/PVCHR

<b>Name of Organization</b>	Jan Mitra Nyas	
<b>Date of Registration</b>	10 May, 1999	
<b>Registration Type</b>	Public Charitable Trust	
<b>Registration No.</b>	1676	
<b>PAN</b>	AAATJ4584A	
<b>Tax Exemption Certificate</b>	12 AA (AAATJ4584A22LK01)	
	80 G(AAATJ4584A22LK02)	
<b>TAN</b>	ALDJ00267B	
<b>Registration under FCRA</b>	<i>Date of Registration</i>	17/03/2016
	<i>Registration number</i>	136760102
<b>NitiAyog Registration</b>	<i>Date of Registration</i>	Sep 21, 2016
	<i>Registration number</i>	UP/2016/0102234
<b>3. Full name of contact person Including title (Dr/Mr/Mrs/Ms/Rev)</b>	<i>Dr. Lenin Raghuvanshi, Founder and CEO</i>	
<b>4. Full postal address of organisation</b>	<i>SA4/2 A Daulatpur, Varanasi – 221002</i>	
<b>6. Telephone number Including country and city codes</b>	<i>+91-9935599333</i>	
<b>Email/s</b>	<a href="mailto:pvchr.india@gmail.com">pvchr.india@gmail.com</a> , <a href="mailto:lenin@pvchr.asia">lenin@pvchr.asia</a>	

<b>Website (if applicable)</b>	<b>(if <a href="http://www.janmitranyas.in">www.janmitranyas.in</a>, <a href="http://www.pvchr.asia">www.pvchr.asia</a>)</b>
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### **Back Ground Information:**

In 1999 Jan Mitra Nyas (JMN) was founded to provide the direct support to the marginalized and excluded communities. JMN work to ensure basic rights for marginalized groups in the Indian society, e.g. children, women, Dalits and tribes and to establish rule of law through participatory activism against extra judicial killing, police torture, hunger, bonded labour and injustice by the caste system. JMN ideology is inspired by the father of the Dalit movement, Dr. B. R. Ambedkar and Father of Nation Mahatma Gandhi who struggled against patriarchy and the caste hierarchical system prevailing in India.

### **OUR VISION**

To establish a true, vibrant and fully entrenched democratic society through Jan Mitra concept where there shall be no violation of civil rights granted to a citizen by the state.

### **OUR MISSION**

To provide basic rights to all, to eliminate situations, which give rise to exploitation of vulnerable and marginalized groups and to start a movement for a people friendly society (*Jan Mitra Samaj*) through an inter-institutional approach.

### **Core Values:**

- Equity
- Fraternity
- Non –Violence
- Participatory Democracy
- Secularism
- Justice – Rule of Law

### **Core Focus:**

- Freedom
- Education
- Economic Empowerment
- Digital transformation

## ❑ Governance and Human Rights

### **Our Working Approach:**

- Accurate investigation and documentation of human rights violations connected with advocacy, publication and networking on a local, national and international level
- Direct support and solidarity to marginalized and survivors in general and women, dalit, minorities, tribal, children in particular. Bringing learning of gap, challenges, and best practices for institutional reform against hegemonic masculinity.
- Creating models of non-violent and democratic communities (People friendly villages, torture-free villages)
- Building up local institutions and supporting them with active human rights networks
- Creating a democratic structure for the 'voiceless' to enable them access to the constitutional guarantees of modern India in context of Universal Declaration OF Human Rights (UDHR)
- Empowering marginalized communities through capacity building based on human dignity, hope, honour & justice process based organizational building and access to information
- Promoting a human rights culture, and conflict transformation for sustainable peace based on pluralistic democracy, rule of law and participatory inclusive democracy
- Linking local and international human rights together to support marginalized and survivors
- Linking grass roots activities and international human rights networks and institutions
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### **Strategy**

1. Practice to Policy: Peoples' Advocacy
2. Policy to Practice: THE MODEL OF JAN MITRA VILLAGE based on active listening, empathy for hope, honour and dignity
3. Organization building/Capacity building

### **Our comprehensive programs**

- Comprehensive program for survivors of torture and Organized Violence
- Comprehensive program for model villages and model
- Comprehensive program for women and children's sectors
- Program for national lobby, campaign, and advocacy
- Program for international solidarity, partnership, and networking

## **Our journey for 2022-2023**

**Comprehensive Rehabilitation of Torture Survivors:** At the core of our mission lies the comprehensive rehabilitation of torture survivors. Our multifaceted strategies, encompassing testimonial therapy, folk school initiatives, legal interventions, follow-ups, and livelihood support, have played a pivotal role in empowering individuals who have endured profound suffering. Our beneficiaries, predominantly from marginalized communities, impoverished backgrounds, minority groups, or tribes, include daily wage laborers, hawkers, small-scale farmers, shopkeepers, human rights defenders (HRDs), and journalists.

### **Psycho-Social Rehabilitation: A Transformative Path to Healing**

At the heart of our comprehensive psycho-social rehabilitation endeavors lies testimonial therapy, a pivotal cornerstone complemented by brief narrative therapy. This innovative approach has played a central role in meeting the diverse needs of 124 survivors, comprising 64 males and 60 females, which includes 99 primary and 25 secondary victims.



Our success in social reintegration is evident through the meaningful engagement of 119 participants in 34 folk schools and honor ceremonies. Beyond skill development, these initiatives have nurtured a profound sense of belonging and community among the beneficiaries, fostering a supportive environment for their healing journey.



The impact of our rehabilitation programs is further highlighted by the support of the United Nations Voluntary Fund for Victims of Torture. Established in 1981 by the General Assembly (resolution 36/151), this unique UN operation plays a pivotal role in bringing global attention to the needs of torture victims. The Fund's noble mission is to offer direct assistance to victims and their families, aiding them in rebuilding their lives and seeking redress for the human rights violations they have endured.



For a detailed breakdown of survivors supported through testimonial therapy, please visit: [Details of Survivors Supported by Testimonial Therapy](#)

Explore our commitment to livelihood support for torture survivors through the following link: [Livelihood Support to Torture Survivors](#)

These links provide a comprehensive overview of our initiatives, highlighting our dedication to alleviating the suffering of survivors and guiding them towards holistic recovery.

### **Legal Advocacy and Compensation: A Stalwart Defense of Human Rights**

Our commitment to upholding human rights is exemplified through our legal advocacy, marked by 278 meta-legal interventions in 171 cases. Collaborating with authoritative bodies such as Commissions, Chief Ministers, Police officials, and District Magistrates, we have spearheaded a transformative approach to justice.

In our unwavering pursuit of justice, we have succeeded in securing compensation exceeding 72,52,000 INR (88,900 USD) in 19 torture cases, standing as a testament to our dedication to the well-being of survivors. This

significant milestone underscores our relentless efforts to seek justice and redress for those who have endured unimaginable suffering.

Our impact has not gone unnoticed, with Inext of Dainik Jagaran featuring a special story on the role of compensation as a powerful tool against impunity. This recognition further amplifies the importance of our work in bringing about positive change and holding perpetrators accountable.

For a detailed overview of our legal interventions and compensation awards, please visit the following links:

- [Details of Compensation Awards](#)
- [Inext of Dainik Jagaran Special Story](#)

**Livelihood Integration and Sustainability: Cultivating Hope:** We piloted a livelihood integration project for survivors in Varanasi, Sonbhadra, and Badaun districts. The tangible impact was seen in the cultivation of approximately 36,536 kg of vegetables, with 2,523 kg sold, generating earnings of 26,775 INR. Additionally, 27 families received goats, and a seed bank was established in Anei village, fostering sustainability.

### **Empowering Through Sewing Machines: A Noteworthy Initiative**

On January 20, 2023, a momentous occasion unfolded during the inauguration of Krishna Gold Jewellery and Diamond Shop in Ayodhya. We seized the opportunity to contribute significantly to empowerment by distributing 10 sewing machines on this occasion. The list of beneficiaries has been meticulously compiled and submitted for your reference.

Continuing our commitment to empowerment, an additional 3 sewing machines were distributed during the inaugural session on the same day.

Furthermore, recognizing the importance of outreach and collaboration, 14 machines were handed over to Mr. Manoj Kumar Singh of Ambedkarnagar for distribution.

Subsequently, on January 30, 2023, we reinforced our dedication to empowerment by distributing the remaining 14 machines. These were specifically allocated to women who have faced organized violence and torture, aiming to provide them with a means of self-sufficiency and resilience.



**Health and Well-being Initiatives: Nurturing Lives:** Two health camps benefited 193 individuals, introducing vital interventions such as blood pressure monitoring for future projects. Psycho-social support, a vital component of our initiatives, was extended to 64 males and 60 females, contributing significantly to the overall well-being of survivors.

**Media Coverage and International Recognition: A Catalyst for Transformation:** Our organization has been the focal point of widespread media coverage, drawing attention to impactful interventions supported by the United Nations Voluntary Fund for Victims of Torture. Our endeavors have been prominently featured in esteemed publications such as Time, Associated Press, NewsClick, Canadian News Daily Globe and Mail, Junputh, Bhadash, and Bhaskar.

These media platforms have played a crucial role in highlighting our commitment to positive change and the pursuit of justice. The global community has taken note of our initiatives, recognizing their significance in addressing issues related to torture victims. Notably, our efforts have led to acknowledgments that extend beyond the media realm, resulting in our

organization attaining special consultative status with the Economic and Social Council (ECOSOC) of the United Nations.

This recognition is a testament to the impactful and meaningful work we are dedicated to, and we invite you to explore our achievements further by accessing the official link: [ECOSOC Consultative Status](#).

### **Challenges and Acknowledgments: Resilience in the Face of Adversity:**

The journey was not without challenges. Apathy from state and police departments in registering torture cases and awarding compensation posed formidable obstacles, emphasizing the urgent need for prompt justice. Yet, amidst these challenges, the organization achieved special consultative status with ECOSOC of the UN, and the NHRC issued notices based on our intervention, showcasing the impactful results of our efforts.

**Legal Battles and High Court Cases: Upholding the Truth:** Our journey was marked by legal battles, including three cases in the Honourable High Court. False implications and interventions on torture and police negligence became integral to our struggle. The annual report not only outlines these challenges but underscores our unwavering commitment to address them with resilience and determination.

### **Advancements in FOPL Advocacy: A Year of Excellence: Catalyzing Change in Front-of-Pack Labeling Advocacy**

In the pursuit of transformative change, our Front-of-Pack Labeling (FOPL) advocacy project has marked an exceptional year of progress. Defined by collaboration and achievement, our strategic engagements with elected representatives, legislative initiatives, and impactful letters from Members of Parliament have driven substantial advancements.

#### **Key Achievements:**

1. Strategic Engagements with Elected Representatives:
  - Proactive meetings with 53 Members of Parliament.
  - Notable session with a Union Minister of State for Women and Child Development.
2. Initiation of Legislative Initiatives:
  - Crafting and initiation of impactful legislative initiatives.
  - Active participation in key Parliamentary Standing Committees on Health and Family, Food Processing, and Industry.
3. Authoritative Letters by Members of Parliament:

- Crafting impactful letters authored by Members of Parliament, reinforcing the advocacy message.
- 4. Endorsements from Esteemed Figures:
  - Key dialogues with parliament members, reinforced by endorsements from esteemed figures.
  - Pivotal interactions amplifying the FOPL advocacy message.
- 5. Round Table Discussions and Research Dissemination:
  - Round table discussions emphasizing the project's significance.
  - Dissemination of research publications marking significant milestones.

#### **Crucial Support from Global Health Advocacy Incubator (GHAI):**

- Unwavering support from GHAI, both technically and financially.
- Providing necessary resources and strengthening capacity for impactful change.

#### **Collaborative Endeavors and Future Outlook:**

- Reflecting on a transformative year driven by collaborative efforts.
- GHAI's support propelling warning label FOPL advocacy toward impactful outcomes.

#### **Explore Further:**

- [Health of Children Blog](#)
- [Pipal - Initiatives for Child Health](#)

As we celebrate the achievements of this transformative year, it is clear that our collective efforts, strategic engagements, and the support from GHAI have positioned our FOPL advocacy project on a trajectory of positive transformation. This journey exemplifies our commitment to catalyzing change and creating a healthier and informed society through effective warning label front-of-pack labeling.



**Legislative Initiatives and Thoughtful Responses:** Our dedicated efforts have yielded nine influential letters authored by Members of Parliament and legislative assembly members. These letters, directed to the Union Cabinet Health Minister, showcase the depth of consideration and thought invested in our cause. The responses received underscore the acknowledgment of the significant impact and importance of our mission.

**Round Table Discussion and Research Publication:** A pivotal moment unfolded during a round table discussion, convening seven Members of Parliament and influential political leaders. This event coincided with the release of a comprehensive study conducted across seven blocks in Bihar's Gaya and Uttar Pradesh's Varanasi districts. The study illuminated the financial dynamics of Dalit families, revealing their allocation of 94% of income towards food, with 10-15% dedicated to processed and packaged foods. This multidimensional approach further solidifies our commitment to excellence in advocacy and research, setting the stage for sustained positive impact.

**Access to Nutrition Initiative (ATNI) India Index 2023: An Exemplary Evaluation :** The recently unveiled India Index 2023 by the Access to Nutrition Initiative (ATNI) stands as a cornerstone, providing a profound

assessment of the contributions made by Indian Food & Beverage (F&B) companies to diets and the overall food environment in India. This report, the second in the series, follows the inaugural release in 2016.

The 2023 India Index meticulously gauges the performance of the 20 largest Indian F&B manufacturers, collectively constituting an impactful 36% of the total sales of processed foods in the country. ITC leads the chart, followed by Unilever and Nestle. However, a notable observation is that the majority of the score for all three companies is attributed to their efforts in policy engagement and internal governance systems, rather than the healthiness of their products, which registers less impressively in this ranking. Interestingly, Heritage Foods, owned by Chandra Babu Naidu, former Chief Minister of Andhra Pradesh, claims the top spot for product healthiness.

The active involvement of representatives from the Food & Beverage Industry in the creation of this report is a pivotal aspect. Noteworthy figures such as Vivek Arora, Senior Advisor with ATNI for the India program, Dr. Ranjan Shankar, Director-Nutrition at Tata Trust, and Ms. Meetu Kapur, former Executive Director at CII, played indispensable roles in shaping the report as members of ATNI's expert panel.

While the primary objective of the index report is to showcase the endeavors of the food & beverage industry in promoting healthy diets, there are critical findings that offer a nuanced perspective. The report discloses that 4/5th of products in the Indian market from the 20 assessed companies are labeled "unhealthy," even when applying Health Star Rating (HSR) nutrition standards. The average score based on the HSR Nutrient Profiling Model (NPM) is a modest 1.9 out of 5. Moreover, the report underscores the alarming rise in obesity and micronutrient deficiency, attributing it to the consumption of ultra-processed food products with elevated levels of salt, sugar, and fat.



ATNI underscores the dual role and responsibility of the food and beverage industry in India, asserting that it holds both the opportunity and obligation to manufacture and market healthy food products from a business and investment standpoint. The industry, armed with its strength and resources, is seen as having the capacity to influence consumer diet preferences through innovative products and marketing strategies, steering them towards more nutritious food options.

Notably, ATNI incorporates data and findings from the Ultra Processed Food survey conducted by PVCHR, further reinforcing their argument regarding the prevalence of processed food consumption in economically poor and rural populations. This not only validates our work but also underscores the industry's recognition of the significance of these issues.

For a detailed analysis and mapping of ATNI's work, please refer to the attached document. Happy reading, and do approach the findings with a



discerning eye, such as considering ITC's leading performance with a pinch of salt.

**Engagement with Food Industry Associations:** A Collaborative Endeavor: Interactions with food industry associations culminated in a successful sensitization workshop, bringing together representatives from over 14 prominent companies. This collaborative dialogue emphasized the significance of FOPL, garnering notable support from a member of parliament and the national organizer of Congress Seva Dal.



**Civil Society Engagement and FSSAI Acknowledgment:** A Collective Voice: Our commitment materialized through impactful gatherings of Civil Society Organizations (CSOs) in Varanasi, Patna, and Lucknow. These gatherings, focusing on Front-of-Pack Nutrition Labels (FOPNL), resonated with the participation of 4731 individuals, spanning religious leaders, intellectual groups (prabhudhsamiti), political parties, and mothers. A remarkable highlight was the direct response from the Food Safety and Standards Authority of India (FSSAI) to a concerned mother, further amplified by extensive media coverage.



**Impact on Child Rights and Government Backing: A Momentous Milestone:** Our commitment achieved a milestone as the State Commission for Protection of Child Rights mandated adherence to the FSSAI regulation in Uttar Pradesh. Endorsements from the state governments of Uttarakhand, Madhya Pradesh, and Chhattisgarh reinforced our initiative, underlining its impact on child rights.

**Extensive Media Engagement: Amplifying Our Reach:** Accomplishments were fortified through a comprehensive media outreach strategy, featuring thought-provoking op-eds, in-depth features, and a consistent flow of updates across diverse social media platforms. Six distinct special reports and op-eds, coupled with seven media campaigns, garnered recognition through 175 publications, both online and in print.

**Driving Change: Mobilizing Stakeholders and Prime Ministerial Letters:** In the ongoing process of mobilizing stakeholders, our objective is to gather a minimum of five hundred and a maximum of two thousand signatures for letters addressed to the Prime Minister. Personal letters and articles have been meticulously crafted, gaining traction on prominent news portals. An





In the pursuit of educational equality, this initiative becomes a source of resilience, empowering recipients to overcome obstacles and pursue their academic aspirations. It is a testament to our belief in the inherent dignity of every individual, irrespective of their socio-economic background.



The generous support of Ms. Parul Sharma and the collective contribution of 200 Swedish donors, amounting to **771,788 Indian Rupees (equivalent to 9,255 US dollars)**, exemplify a collaborative effort that transcends traditional

notions of aid. This substantial donation underscores a commitment to more than just providing education; it signifies a dedication to paving a pathway to equal opportunities. In this context, quality-based learning is not merely a privilege but a fundamental right, ensuring that education becomes accessible to all, regardless of socio-economic backgrounds. This financial support serves as a catalyst for positive change, empowering individuals with the tools and resources necessary for a brighter and more equitable future.

Furthermore, the establishment of a special learning center in the Baghwanala slum of Varanasi, thanks to the support of Ms. Helma Ritscher of Germany, exemplifies our dedication to ensuring that even the most marginalized children have access to quality education. In doing so, we not only bridge educational gaps but contribute to the broader goal of creating a society where every individual can flourish with dignity and equal opportunities.

**With the generous support of UK Online Giving, we extended scholarships totalling 2,114,300 Indian Rupees (25358 US dollar) to fifteen young individuals, facilitating their pursuit of higher education.** This initiative is dedicated to supporting economically disadvantaged children from diverse communities. Additionally, UK Online Giving contributed to covering travel costs associated with various welfare activities and provided livelihood support, further enhancing our outreach and impact.

**Adolescent Girls: Nurturing Health and Reproductive Rights:** In a collaborative effort between CRY, a leading Indian Child rights organization, and JanMitraNyas, our focal point remains the comprehensive education on health, reproductive rights, and hygiene for adolescent girls. Throughout the year, we have successfully reached out to 1200 adolescent girls, imparting essential knowledge and skills to empower them to make informed decisions about their health and well-being. The primary objective is to equip these young individuals with the information necessary to navigate crucial aspects of their lives confidently.



**Pregnant Mothers: A Holistic Approach to Maternal Health:** Commencing our initiatives for pregnant mothers, we collaborate with CRY and JanMitraNyas to meticulously map 425 pregnancies from their early stages. This comprehensive approach encompasses immunization, health check-ups, and nutritional guidance. Our focus lies in building the capacities of expectant mothers, emphasizing the importance of institutional delivery and breastfeeding. The overarching goal is to ensure a healthy start for both mother and child, promoting holistic maternal health.

**Children (0-5 Years): Growth Monitoring and Nutritional Support:** Demonstrating our commitment to the well-being of children aged 0 to 5 years, we engage with 1800 children through Poshan mapping, immunization programs, and growth monitoring. With direct services provided to Severe Acute Malnutrition (SAM) and Moderate Acute Malnutrition (MAM) cases, we facilitate their admission to institutions for specialized care, intervening early to address nutritional deficiencies and promote healthy growth during these critical early years of life.



### **Capacity Building and Sensitization: Strengthening Support Networks:**

Recognizing the pivotal role of institutions in providing support, we collaborate with CRY and JanMitraNyas to focus on building the capacities and sensitization of service providers catering to adolescence, pregnant mothers, and children. Our joint efforts aim to create resilience among service providers, ensuring they are equipped to offer effective and empathetic care.

**Life Skills and Gender Training for Adolescents:** Within the framework of our collaborative health initiatives involving CRY, Paritartan (USA), and JanMitra NYas, a pivotal component is dedicated to empowering adolescents, regardless of gender, through life skills and gender training. Through the combined effort of these organizations, the aim is to impart knowledge and skills, equipping adolescents to confidently and responsibly navigate life's challenges.

**Capacity Building for Nutrition: Preventing the Double Burden of Malnutrition:** In our collective commitment to addressing the issue of malnutrition, our collaboration with CRY, GHAI (Global Health Advocacy Incubator), and JanMitraNyas places significant emphasis on strengthening the capacities of nutrition practitioners. Through joint efforts aimed at augmenting their skills and knowledge, our shared goal is to prevent the double burden of malnutrition, thereby contributing to the overall health and well-being of the community.



**The annual report of JanMitraNyas (JMN), supported by India's leading child rights organization, CRY, is available in Hindi. You can access the report on Scribd through the following link: [Comprehensive Health Initiatives](#)**



[for Children and Adolescents - April 2022 to March 2023 by JMN with support of CRY.](#)

**Kitchen Gardening: A Sustainable Approach to Nutrition:** The Kitchen Garden initiative is an innovative project that began in collaboration with CRY and later received support from the High Commission of New Zealand (<https://pvchr.blogspot.com/2018/04/improve-healthsanitation-and-hygiene.html>), followed by support from Parul Sharma and the International Rehabilitation Council for Torture Victims (IRCT) for the holistic rehabilitation of torture victims.



Taking a significant step toward promoting sustainable nutrition, we distributed vegetable seeds and saplings to 1839 families across 46 villages in 21 Gram Panchayats within the Janamitra Trust project area. The community enthusiastically participated in planting kitchen gardens on their vacant land, primarily cultivating pumpkin, gourd, bitter gourd, and other vegetables.



Despite facing challenges in 65 kitchen gardens, a remarkable 1774 families successfully protected their plots, resulting in an impressive yield of 15,764 quintals of vegetables. Some families even ventured into selling their surplus produce, generating an additional income of Rs 16,775. This supplementary income empowered families to provide extra food and support the education of their children. ABP News highlighted our efforts in a telecast (<https://www.youtube.com/watch?v=mrJlKbs0xyI>) and showcased success stories (<https://news.abplive.com/news/india/musahar-story-part-iv-landless-labourers-and-beggars-to-entrepreneurs-big-musahar-leap-through-kitchen-gardens-1589627>). The Chhattisgarh Government recognized this success and replicated the initiative across the state.

**Impact on Special Groups: Lactating Women, Pregnant Women, and Underweight Children:** The kitchen garden initiative has made a direct impact on specific groups within the community. Seventy-five lactating women, 184 pregnant women, and 669 underweight children were connected to these kitchen gardens, ensuring they had access to fresh and nutritious produce.

**Annual Report - Childline India Foundation for the Protection of Children: Collaboration with Child Line Foundation and JanMitraNyas: Throughout** the reporting period, our collaborative team, consisting of members from Child Line Foundation and JanMitraNyas, demonstrated unwavering commitment by actively participating in 40 weekly meetings and

conducting 60 awareness programs. Each initiative was dedicated to addressing a comprehensive range of critical issues related to child protection and welfare, serving as dynamic forums for knowledge exchange, collaboration, and strategic planning. These efforts reinforce our dedication to ensuring the well-being of children in our community.

**Key Focus Areas:**

**a) Child Protection Policies (CPP) and Child Rights:**

In-depth discussions were conducted to deepen understanding and foster adherence to Child Protection Policies (CPP) and Child Rights. Emphasis was placed on creating a secure and nurturing environment for children.

**b) Village-Level Child Protection Committee (VCPC) and All Different Committees:**

The team explored strategies to bolster the functions and responsibilities of the Village-Level Child Protection Committee (VCPC) and associated committees, ensuring a robust protective network for children.

**c) Special Operation Procedures (SOP) of Missing Children:**

Thorough discussions were held on refining Special Operation Procedures (SOP) for handling cases of missing children. The focus was on enhancing coordination and response mechanisms to improve the effectiveness of interventions.

**d) Human Rights, CWC, and DCPU:**

A comprehensive exploration of human rights included understanding the pivotal roles played by the Child Welfare Committee (CWC) and the District Child Protection Unit (DCPU) in safeguarding the protection and well-being of children.



**e) Child Protection Policies and Internal Complaint Committee (ICC):**

Further commitment to child protection was reinforced through discussions on Child Protection Policies, with a specific focus on the Internal Complaint Committee (ICC) to address and resolve any internal complaints related to child protection.

**f) Celebration of Childline Se Dosti Week (CSD):**

Planning and coordination efforts were meticulously discussed for the upcoming Childline Se Dosti Week, aiming to raise awareness about child rights and protection within our community.

**g) Case of Janani Suraksha and Child Labour in Schools:**

Specific cases, including Janani Suraksha and instances of child labor in schools, were earnestly addressed. The team strategized effective interventions and solutions to mitigate these issues and ensure the well-being of affected children.

**h) Child Marriage Cases:**

Thoughtful discussions centered on the alarming prevalence of child marriage cases. Explorations focused on preventive measures and the establishment of support systems to address and curb this concerning issue.

**i) Abandoned Newborn Child Cases:**

Engaging discussions took place regarding cases of abandoned newborns, examining protocols for their immediate care and long-term solutions. Emphasis was placed on a compassionate and effective approach to safeguard the well-being of these vulnerable infants.

Additionally, the team handled 487 calls on the Childline India Helpline (1098) concerning medical help, protection, child loss, parents seeking assistance, and emotional support. These statistics underscore our continuous efforts to address a broad spectrum of issues related to child protection and welfare.

## **Report Highlights: Pioneering Advocacy and Impactful Initiatives**

### ***Headline: Empowering Marginalized Voices: Recognition and Impact in 2023***

#### **1. Women Leaders Look Up to ShrutiNagvanshi:**

- Our Founder and Managing Trustee, ShrutiNagvanshi, has been profiled as a beacon of leadership for women in 2023.
- Explore her inspiring journey: [ShrutiNagvanshi - Empowering Marginalized](#)
- Recognized by: [Counterinterview](#)

#### **2. Human Rights Certificate Course at DV College:**

- Commencement of the Human Rights Certificate Course at DV College, emphasizing the significance of "VasudhaivaKutumbakam."
- Insightful words by Dr. Lenin Raghuvanshi: [DV College Human Rights Course](#)

#### **3. International Conference on Reformative Approaches to Human Rights:**

- Inauguration by HEShriRajendraVishwanathArlekar, Honorable Governor of Himachal Pradesh.
- Book Launch: "Reformist Approaches to Human Rights" published by HP Hamilton Publication, UK.
- Details: [Reform is Science, Reality & Art - Lenin Raghuvanshi](#)

#### **4. Historic Compensation for Malnutrition Death:**

- A landmark case resulting in compensation of one lakh Indian Rupees to the victim's family.
- Read more: [First Time: One Lakh Indian Rupees to Victim](#)

#### **5. Freedom from Labour Bondage - A Case of Dalit Empowerment:**

- Prof. Archana Kaushik's insightful study on Dalit empowerment through PVCHR's interventions.
- Detailed case study: [Labour Bondage in Varanasi](#)

## **6. Spreading Indigenous Wisdom for Climate Action:**

- Dr. Lenin Raghuvanshi on the fight against corporativism and climate change.
- Engage with his perspective: [Vad gör du för att minska ditt](#)

## **7. News Coverage and Global Recognition:**

- PVCHR's interventions covered by Time magazine and featured on ABP Live.
- Explore the impact: [News Coverage of PVCHR Intervention](#)

## **8. Testimony Therapy and Survivor Empowerment:**

- Prof. Archana Kaushik and Mr. Govind's study on the effectiveness of Testimony Therapy.
- In-depth analysis: [Application, Usage, and Effectiveness of Testimony Therapy](#)

## **9. Compensations and Chargesheet in Firing Case:**

- Legal actions and rehabilitation efforts in a firing case documented on the PVCHR blog.
- [Details here](#)

## **10. Exclusive Interview with Dr. Lenin Raghuvanshi:**

- An enlightening conversation on caste-based discrimination and activism.
- [Exclusive Interview](#)

## **11. Dignified Storytelling Alliance:**

- PVCHR joins the Dignified Storytelling alliance, advocating for human dignity in storytelling.
- [Details here](#)

## **12. Global Pluralism Award and Senate of Canada Recognition:**

- Lenin Raghuvanshi's special mention in the Global Pluralism award and recognition by the Senate of Canada.
- [Global Pluralism Award Week](#)

## **13. Personality of the Week Recognition:**

- Dr. Lenin Raghuvanshi and ShrutiNagvanshi acknowledged for their impactful work.
- [Dialogue with Dr. Lenin Raghuvanshi](#)
- [Personality of the Week by BahujanSamvad to ShrutiNagvanshi](#)

## **14. Bharat Jodo Yatra and Weaving Community Struggles:**

- Mr. Abhimanyu and Lenin Raghuvanshi's participation in Bharat Jodo Yatra.
- [Marching with a Legend](#)

## **15. Failures in Uttar Pradesh's Textile Policy:**

- The impact of power loom invention on the weaver community, explored in a detailed commentary.
- [Failure of Uttar Pradesh's Textile Policy](#)

This comprehensive report showcases PVCHR's dedication to human rights, empowerment, and transformative change. Each initiative contributes to a larger narrative of positive impact, echoing the organization's commitment to a just and inclusive world.

## **New Structure of JanMitraNyas**

In alignment with the recent election and the joint meeting of the Board of Trustees, Governing Board, and Management convened at JanMitraNyas' registered office on 22nd February 2023, we are pleased to unveil the organization's new and refined structure.

### **Board of Trustees:**

1. Sant. Vivek Das - Chairperson
2. ShrutiNagvanshi – Managing Trustee
3. Lal Bahadur Ram – Trustee
4. Prof. ShahenaRizvi - Trustee
5. Dr. Mahendra Pratap – Trustee
6. Lenin Raghuvanshi- Ex-officio member as CEO/ Managing Director

### **Governing Board:**

1. Raghiv Ali – President
2. Iftexhar Ahmad - Vice President
3. Adv. Nitin Gupta - Vice President
4. Ram Surat - Member (Representing Partner Community)
5. Jyoti Kumari Gond - Member (Representing Staff)
6. Ashish Pandey – Member (Representing Partner Community)
7. Kamdeshwar Singh – Nominated by Executive Director
8. Maqbool Ahmad - (Representing Partner Community)

### **Advisor:**

1. Idrish Ansari

### **Secretary:**

1. Jai Kumar Mishra – Secretary General
2. Abhishek Srivastava – Secretary
3. Abhimanyu Pratap – Secretary

### **Management Committee:**

**Senior Members:**

1. Dr. Lenin Raghuvanshi - CEO
2. Shirin Shabana Khan - Program Director
3. Rinku Pandey – Finance Director
4. Anand Kumar Nishad - Administrative Director

**Middle Members:**

1. Chhaya Kumari – Member
2. Pratima Pandey – Member
3. Rajendra Prasad – Member

**Junior Members:**

1. Hemlata – Member
2. Kamal Sharma – Ex-officio

**National Coordinators of JanMitraNyas:**

1. Santosh Upadhyay
2. Rehan Ahmad
3. Onkar Vishwakarma

**ICC under POSH Act:**

1. Muniza Khan - President
2. ShrutiNagvanshi – Vice President
3. Shirin Shabana Khan - Secretary
4. Prem Yadav (Adv) – Member

This restructuring underscores our unwavering commitment to transparent governance and effective leadership as we continue to advance our mission. We eagerly anticipate the collaborative efforts of the new structure in furthering our organizational objectives.



ANIL KUMAR AGARWAL  
F.C.A

A.K.A & ASSOCIATES  
CHARTERED ACCOUNTANTS (FIRM RG. NO. 002956 C)  
E-1(FIRST FLOOR)KAILGRAH MARKET  
MALDAHIYA,VARANASI  
Email ID. akaassociates\_60@rediffmail.com  
Mobile no. 9935424222

JAN MITRA NYAS (PAN - AAATJ4584A)  
SA-4/2, DAULATPUR, VARANSI  
CONSOLIDATED BALANCE SHEET AS AT 31st March 2023

LIABILITIES	AMOUNT	ASSETS	AMOUNT
<b>CORPUS</b>	2,379.00	<b>INVESTMENTS</b>	
		FD with UCO Bank	1500
		Int. on FD	879
			2,379.00
<b>RESERVE &amp; SURPLUS</b>		<b>FIXED ASSETS - NATIONAL</b>	542,009.15
DONATION IN KIND - Local	171,306.00	<b>FIXED ASSETS - FC</b>	2,759,533.62
DONATION IN KIND - FC	238,472.00		3,301,542.77
<b>EXCESS OF INCOME - Local</b>		<b>CURRENT ASSETS, LOAN &amp; ADVANCES</b>	
OPENING BALANCE	510,169.86	CASH IN HAND - NATIONAL	19,331.00
LESS: C.Y. EXCESS OF EXPENDITURE	-6,275.00	CASH IN HAND - FC	14712.12
<b>EXCESS OF INCOME - FC</b>			34,043.12
OPENING BALANCE	2,851,138.28	<b>BANK BALANCE : NATIONAL</b>	
LESS: C.Y. EXCESS OF EXPENDITURE	-239,605.43	UCO BANK (S.B. A/C NO. 4378)	7,563.78
	3,115,427.71	UCO BANK (S.B. A/C NO. 768)	346,445.17
		PUNJAB NATIONAL BANK - 431577	101,029.97
			455,038.92
<b>CURRENT LIABILITIES &amp; PROVISIONS</b>		<b>BANK BALANCE: FC</b>	
		UCO BANK (S.B. A/C NO. 1170)	84,956.86
		SBI BANK (VNS Branch)	656,956.80
		SBI BANK ( NDMB Branch)	3,760,177.01
			4,502,090.67
EXPENSES PAYABLE - NATIONAL	476,069.00	<b>ADVANCES - NATIONAL</b>	45,000.00
EXPENSES PAYABLE - FC	178,066.00	<b>ADVANCES - FC</b>	176,681.32
	654,135.00		221,681.32
UNEXPIRED GRANTS - NATIONAL	232,332.21	<b>ACCRUED GRANTS - NATIONAL</b>	322,223.00
UNEXPIRED GRANTS - FC	4,477,503.88	<b>ACCRUED GRANTS - FC</b>	52,557.00
	4,709,836.09		374,780.00
	8,891,555.80		8,891,555.80

REPORT : I HAVE EXAMINED THE ABOVE STATEMENT ON THE BASIS OF BOOKS & RECORDS PRODUCED BEFORE US & INFORMATIONS & EXPLANATIONS FURNISHED TO US.

FOR JAN MITRA NYAS



SHRUTI NAGVANSHI  
(MANAGING TRUSTEE)

JAI KUMAR MISHRA  
(SECRETARY GENERAL)

Shirin Shabana Khan

SHIRIN SHABANA KHAN  
(PROGRAM DIRECTOR)

RINKU PANDEY  
(FINANCE DIRECTOR)

FOR A. K. A. & ASSOCIATES  
CHARTERED ACCOUNTANTS  
Firm Rg. No. 002956 C

Anil Kumar Agarwal  
ANIL KUMAR AGARWAL  
PROPRIETOR  
Membership No. 072106  
UDIN: 23072106BGYRWQ3605

PLACE : VARANASI  
DATE : 25/10/2023

ANIL KUMAR AGARWAL  
F.C.A

A.K.A & ASSOCIATES  
CHARTERED ACCOUNTANTS (FIRM RG. NO. 002956 C)  
E-1(FIRST FLOOR)KAILGRAH MARKET  
MALDAHIYA,VARANASI  
Email ID. akaassociates\_60@rediffmail.com  
Mobile no. 9935424222

Ms. JAN MITRA NYAS, SA-4/2, DAULATPUR, VARANSI (PAN - AAATJ4584A)  
CONSOLIDATED RECEIPT & PAYMENT ACCOUNT FOR THE YEAR ENDING 31ST MARCH 2023

RECEIPT	AMOUNT	PAYMENT	AMOUNT
TO BALANCE B/F - NATIONAL		FIXED ASSETS - NATIONAL	51,498.00
CASH IN HAND	12897.00	Laptop	60,000
BANK BALANCE:		Infantometer, Stadiometer	31,498
UCO BANK (S.B. A/C NO. 4978)	7250.58		
UCO BANK (S.B. A/C NO. 768)	286745.17		
PANJAB NATIONAL BANK - 431577	14830.77		
TO BALANCE B/F - FCRA		BY FIXED ASSETS - FCRA	225,069.00
CASH IN HAND	18,401.12	Almirah (Spd) & Chair (56pc)	140,550.00
BANK BALANCE:		Ahuja Speaker & Sound System	43,219.00
UCO BANK (S.B. A/C NO. 1170)	10,827.71	Mobile OPPO F12 Pro 5G	26,500.00
SBI Bank (Varanasi Branch)	176,789.14	Brother Printer DCP	14,800.00
SBI Bank (NDMB Branch)	7,664,309.17		
NATIONAL		NATIONAL	
TO GRANTS FROM CHILDLINE INDIA FOUND, BADAUN	1211500.00	BY EXP. CHILDLINE INDIA FOUND, BADAUN	1,102,553.80
TO GRANT FROM CRY (April 22 to March 23)	3000000.00	BY EXP. OF CRY PROJECT	2,908,502.00
TO GRANT FROM CRY - Material Distribution	0.00	BY EXP. OF CRY - Material Distribution	
TO GRANT FROM ONLINE GIVING FOUNDATION (INDIA) FUND	303401.16	BY EXP. For Youth Welfare Center at Prayagraj	400,000.00
TO BANK INTEREST	22881.00	BY EXP. BANK CHARGES	1,599.96
TO DONATION (80G)	268050.00	BY EXP. NATIONAL GENERAL	212,686.00
TO Sale of SCRAP	1119.00		
FCRA		FCRA	
TO GRANTS FROM EMERGENCY / MALNUTRITION - PARUL SHARMA	0.00	BY EXP. EMERGENCY / MALNUTRITION - PARUL SHARMA	10,000.00
TO GRANTS FROM RAJDULARI FOUNDATION FUND ( GIRL EDU.)	606,380.00	BY EXP. RAJDULARI FOUNDATION FUND ( GIRL EDU.)	771,788.00
TO GRANTS FROM PARUL SHARMA FOR OTHER ACTIVITY FUND		BY EXP. OF PARUL SHARMA OTHER ACTIVITY FUND	
TO GRANT FOR HEALTH CAMP & SEED BANK ACTIVITY	252,920.00	BY EXP. OF HEALTH CAMP PARMANDAPUR	54,998.00
		EXP. OF SEED BANK ACTIVITY	8,530.00
TO GRANT FROM IRCT (LEVELHOOD PROJECT)	1,592,164.15	By EXP. OF IRCT (LEVELHOOD PROJECT)	1,555,248.00
TO GRANT FROM IRCT (Covid -19)		By EXP. OF IRCT (Covid -19)	1,434.00
TO GRANTS FROM KETTO (Covid 19 Fund)	0.00	By EXP. OF KETTO FUND	8,484.00
TO GRANTS FROM UNITED NATIONS VOLUNTARY TRUST FUND RECEIPT	2,620,720.00	BY EXP. UNITED NATIONS VOLUNTARY TRUST FUND 2022	1,871,605.00
		EXP. UNITED NATIONS VOLUNTARY TRUST FUND 2023	722,025.00
TO GRANTS FROM SCHOLARSHIP & Tim DIG / IGSR ( HELMA ) GERMANY	135,632.00	BY EXP. OF SCHOLARSHIP & Tim DIG / IGSR ( HELMA ) GERMANY	72,000.00
		EXP. OF BAGHWANALA HEALTH CENTER	132,000.00
		EXP. OF BAGHWANALA GALIB CENTER	261,306.00
		EXP. OF REPAIR & MAINTANACE BAGHWANALA OFFICE	333,800.00
		EXP. OF HELMA RITCHER SCHOLARSHIP FUND	30,000.00
		EXP. OF BAGHWANALA SCHOOL FUND	7,753.00
TO GRANT FOR DEYVELOPMENT OF RAUP VILLAGE	506,798.00	BY EXP OF DEVELOPMENT OF RAUP VILLAGE	0.00
TO GRANTS FROM CAMPAIGN FOR TOBACCO FREE KIDS FUND	6,451,354.00	BY EXP. CAMPAIGN FOR TOBACCO FREE KIDS FUND	6,818,011.00
TO GRANT FROM FRANK HOFFMANN	0.00	BY EXP. OF FRANK HOFFMANN FUND	121,799.00
TO GRANT FROM PARIVARTAN	0.00	BY EXP. OF PARIVARTAN PROJECT	249,370.00
TO GRANT FROM - NOREC /INSEC	0.00	BY EXP. OF NOREC /INSEC	360,059.00
TO GRANTS FROM UK ONLINE GIVING FOUNDATION (BENEVITY)	335,091.89	BY EXP. OF UK ONLINE GIVING FOUNDATION (BENEVITY)	2,252,117.00
TO GRANT FROM GLOBAL CENTRE FOR PLURALISM	88,672.00	BY EXP. OF GLOBAL CENTRE FOR PLURALISM	88,672.00
TO GRANTS FROM GENERAL (FC)		BY EXP. GENERAL (FC)	117,392.19
BANK INTEREST	103,351.00	BY INCREASE IN EXPENSES PAYABLE - FC	-35706.00
		BY INCREASE IN EXPENSE PAYABLE	-64835.00



<b>SUB TOTAL</b>	<b>20,691,558.95</b>
BY INCREASE IN ADVANCE - FC	6828.00
BY BALANCE C/F - FC	
CASH IN HAND - FC	14712.12
BANK BALANCE:	
UCO BANK ( S.B. A/C NO. 1170)	84956.86
SBI Bank ( Varanasi Branch)	656956.80
SBI Bank ( NDMB Branch)	3760177.01
BY BALANCE C/F - NATIONAL	
CASH IN HAND	19,331.00
BANK BALANCE:	
UCO BANK ( S.B. A/C NO. 4378)	7,563.78
UCO BANK ( S.B. A/C NO. 768)	346,445.17
PUNJAB NATIONAL BANK - 431577	101,029.97
	<b>25,689,539.66</b>

REPORT : I HAVE EXAMINED THE ABOVE STATEMENT ON THE BASIS OF BOOKS & RECORDS PRODUCED BEFORE US & INFORMATION & EXPLANATIONS FURNISHED TO US.

FOR JAN MITRA NYAS

*श्रुति नागवंशी*

SHRUTI NAGVANSHI  
(MANAGING TRUSTEE)



*Shirin Shabana Khan*

SHIRIN SHABANA KHAN  
(PROGRAM DIRECTOR)

FOR A. K. A. & ASSOCIATES  
CHARTERED ACCOUNTANTS  
Firm Reg. No. 02256 C



ANIL KUMAR AGRAWAL  
PROPRIETOR  
Membership No. 072106  
UDIN: 23072106BQYRWQ3605

*Rinku*

JAI KUMAR MISHRA  
(SECRETARY GENERAL)

*Rinku*

RINKU PANDEY  
(FINANCE DIRECTOR)

PLACE : VARANASI  
DATE : 25/10/2023